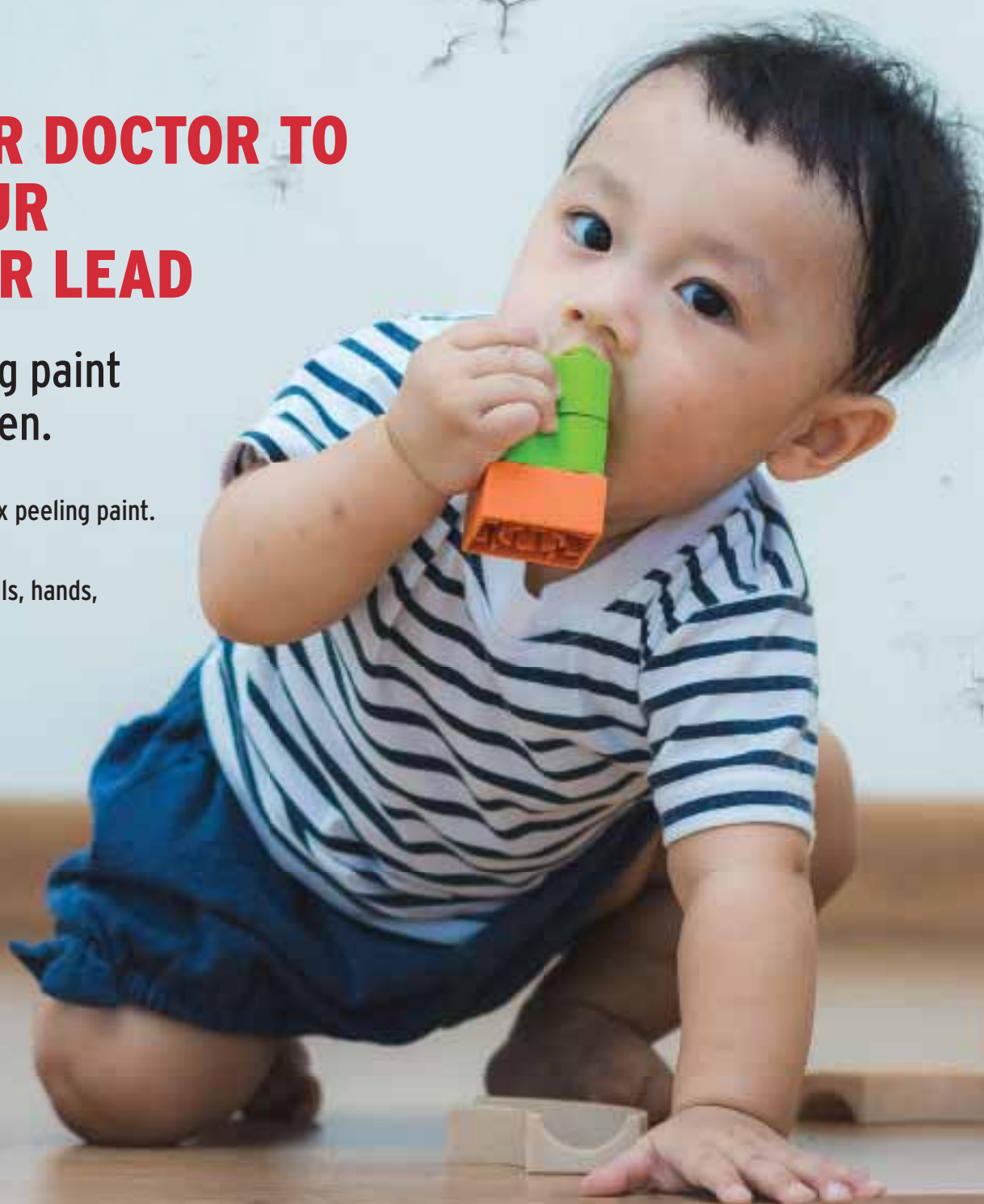




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GRAMMY GLITTERATI

Former first lady Michelle Obama joined entertainment's top female performers to speak to the power of music at Sunday's Grammy Awards. 2

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Ladies' night as Gaga, Ariana take home Grammys

Hosted by Alicia Keys, music's biggest night was a celebration of women and inclusiveness.

Childish Gambino's searing "This Is America" became the first hip-hop track to win a song of the year Grammy on Sunday, while Lady Gaga dominated the early awards and former first lady Michelle Obama made a surprise appearance at the event.

Lady Gaga's hit song "Shallow" from the movie "A Star Is Born" won two Grammys, while the musician-turned-actress took a third Grammy home for her "Joanne (Where Do You Think You're Going)," which won for pop solo performance.

Already a show with a strong lineup of female performers and nominees, the Grammys sprung a surprise by including Obama in an opening segment that also featured Lady Gaga, Jennifer Lopez, actress Jada Pinkett Smith and host Alicia Keys talking about the power of music.

"From the Motown records I wore out on the [Chicago] South Side to the 'Who Run the World' songs that fueled me through this last decade, music has always helped me tell my story," Obama told the cheering celebrity audience in Los Angeles.

"It allows us to hear one another, to invite one another in," Obama added.

Rapper Childish Gambino's "This Is America," about police brutality and racism, won the first big award — song of the year — as well as best music video and best rap performance.

But Gambino, alter ego of actor Donald Glover, as well as Kendrick Lamar, were among several influential stars who were no-shows at the biggest night in music.

Despite Cardi B's performance on Sunday, their absence was seen as a snub of an awards show that has often shut hip-hop artists out of its



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top prizes, despite rap's dominance as the biggest music genre in the U.S.

Cuban-born Camila Cabello kicked off the televised show with a dance-heavy performance of her hit single "Havana" with Latin artists J Balvin, Ricky Martin and Young Thug.

Folk singer Brandi

Carlile, 37, was also among the early winners, taking two Grammys for her Americana music single "The Joke" and another for her album "By the Way, I Forge You."

An absent Ariana Grande, who pulled out of the show last week after a dispute with pro-

ducers, won her first Grammy, best pop vocal album for "Sweetener."

"This is wild and beautiful. Thank you so much," Grande tweeted.

Rain did little to dim the sizzle on the Grammys red carpet on Sunday in Los Angeles, as a bevy of artists in sparkling, eye-popping attire

stepped down the music world's main catwalk — or, in Cardi B's case, tip-toed.

Cardi B, surrounded by handlers, took tiny steps down the red carpet as her pearl-encrusted costume seemed to get the best of her.

Even Lady Gaga, not

known for being demure when it comes to red carpet fashion statements, looked pale by comparison in her silver metallic dress.

Some of the artists seemed to have received a memo demanding "more volume, please."

REUTERS

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Talks collapse on border deal as shutdown looms

"Is a shutdown entirely off the table? The answer is no": Mulvaney

Talks on border security funding collapsed after Democratic and Republican lawmakers clashed over immigrant detention policy as they worked to avert another U.S. government shutdown, a Republican senator said on Sunday.

"The talks are stalled right now," Republican Sen. Richard Shelby told "Fox News Sunday." He said the impasse was over Democrats' desire to cap the number of beds in detention facilities for people who enter the country illegally.

Efforts to resolve the dispute over border security funding extended into the weekend as a special congressional negotiating panel aimed to reach a deal by Monday, lawmakers and aides said.

Democratic Sen. Jon Tester played down any breakdown in talks. "It is a negotiation. Negotiations seldom go smooth all the way through," he told the Fox program. Tester, one of 17 negotiators, said he was hopeful a deal could be reached.

But Shelby put the chances of reaching a deal by Monday at 50-50. No further talks were

scheduled, a source told Reuters on condition of anonymity.

The lawmakers hoped to have an agreement by Monday to allow time for the legislation to pass the U.S. House of Representatives and Senate and get signed by President Donald Trump by Friday, when funding for the Department of Homeland Security and other federal agencies expires.

"The talks are stalled right now."

Republican Sen.
Richard Shelby

Trump agreed on Jan. 25 to end a 35-day partial U.S. government shutdown without getting the \$5.7 billion he had demanded from Congress for a wall along the border with Mexico, handing a political victory to Democrats.

Instead, a three-week spending deal was reached with congressional leaders to give lawmakers time to resolve their disagreements about how to address security along the border.

One sticking point has been the Democrats' demand for funding fewer detention beds for people arrested by U.S. Immigration and Customs Enforcement (ICE) agents. Republicans want

to increase the number as part of their drive to speed immigrant deportations.

Since he ran for president in 2016, Trump has pledged to stop the influx of undocumented immigrants by building a wall on the border and crack down on immigrants living in the United States illegally by aggressively conducting more deportations.

Democrats proposed lowering the cap on detention beds to 35,520 from the current 40,520 in return for giving Republicans some of the money they want for physical barriers, the source familiar with negotiations said.

But Democrats would create a limit within that cap of 16,500 beds at detention facilities for undocumented immigrants apprehended in the interior of the country. The remainder would be at border detention centers.

Republicans balked at the Democrats' sub-cap offer, the source said.

Trump weighed in Sunday, saying the Democratic proposal would protect felons. "They are offering very little money for the desperately needed Border Wall & now, out of the blue, want a cap on convicted violent felons to be held in detention!" Trump said on Twitter. REUTERS

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Gonzo, Evil Knieval and Tuna are Magellanic penguins at the Bronx Zoo.

BESS ADLER

Stars of Bronx Zoo starring in Animal Planet's 'The Zoo'

Season 3 of Animal Planet's "The Zoo" premiered Sunday, and went up close and personal with animals of the Bronx Zoo.



KRISTIN TOUSSAINT
kristin.toussaint@metro.us

If you've been to the Bronx Zoo, you know there's tons of animals to see on its expansive campus. But when you watch "The Zoo" on Animal Planet, which starts its third season this Sunday, you get to go behind those exhibit walls.

From a kangaroo undergoing cryotherapy for its arthritis to the birth of a miniscule pygmy marmoset, "The Zoo" has followed the behind-the-scenes lives of the Bronx Zoo animals and their keepers for two seasons.

Now, "The Zoo" season 3, which premiered Sunday, will give even more insider access and up-close looks at animals like Mot Mot the marmot, Calisto the sloth and Sneezy the African crested porcupine. It's the longest season yet with 16 episodes — up from 8 in season 1 and 10 in season 2.

"Before this show, the only thing visitors saw was the exhibits," says Jim Breheny, director of the Bronx Zoo and executive vice president of Zoos and Aquarium for the Wildlife Conservation

Society. "The exhibits are great, elaborate immersion exhibits that show animals in their natural habitats, but [people are] really interested in what goes on behind the scenes: Where do the animals live, what do the animals eat, the animal's personality, the animal's behavior. And this show gives us a platform to showcase that."

The show has opened people's eyes to how the Bronx Zoo is more than just a place to see lions, tigers and bears (and penguins and kangaroos and emus). Breheny says the most common reaction he gets from people who have seen the Animal Planet show is about how they didn't realize the zoo had a hospital that allows for "elaborate health care procedures" on the animals.

"It's really highlighted how much we as professional institutions have evolved ... to provide the best care and welfare for individual animals."

Jim Breheny,
director, Bronx Zoo

"It's really highlighted how much we as professional institutions have evolved not only to provide the best care and welfare for individual animals," he says, "but also [viewers] are surprised at how we work to sustain

and conserve species."

Those two prongs, animal welfare and species conservation, are at the core of how the Bronx Zoo operates, but staff admit that may not be obvious to everyone right away.

To Kathleen LaMantina, Bronx Zoo curator of Animal Encounters, the "The Zoo" has been able to reveal exactly what the staff does "better than most of us can explain."

"It's really helped take that negative stigma out of the word 'zoo,'" she adds.

There are more than 6,000 animals in the Bronx Zoo's 265 acres. "The Zoo" season 3 features about 50 animal stories. Though this is just a fraction of the species they have, it's still a diverse snapshot that could introduce viewers to animals they didn't know — and often does, says Breheny.

"I think what's really neat about the show — when you come to the zoo, you have a list of the five or 10 animals you want to see, right?" he says. "Everybody wants to see a giraffe, everybody wants to see an elephant, everyone wants to see a tiger. Because we're such a large zoo and because we have these really dynamic, diverse exhibits that showcase habitats from all around the world, we introduce people to species they didn't even know exist."

Read more at metro.us.

*****Important Knee Arthritis Pain Alert*****

“Study Shows Simple Treatment Helps Avoid Knee Replacement Surgery For 3 out of 4 Worst Cases At Least 7.3 Years...”

Free Screenings* Offered At NYC Medical Clinic To See If You Qualify For This Proven And Effective Treatment. *Spots Are Limited Due To High Demand

NYC - What would it be worth to you if... in just 60 minutes... you could finally discover a way to get relief for your knee arthritis pain?

And...

How would it feel if you could wake up tomorrow morning and some... or even all your pain was gone?

And...

Wouldn't it be wonderful to start a brand new life and leave all your pain and suffering behind?

A life where...

...you jump out of bed in the morning, well rested and ready to take on the new day, without pain...

...you don't have to take slow, limping laps around your bedroom just to be able to walk every morning...

...you can go for walks, go up and down stairs and maybe even play sports like tennis and golf again...

...you can finally do all the things and enjoy life (just like everyone else) without constant, nagging pain...

Well... that's exactly what can possibly happen to you if you spend just 60 minutes with us...

...Because that's all it will take for one of our expert doctors to show you what we believe to be the safest, and most effective knee arthritis pain treatment there is...

I know you may find this hard to believe. Just about every one does when we tell them about this... *at first.*

But it doesn't take long for them to turn from skeptic to raving fan as soon as their pain improves so fast.

Do You Have An Open Mind?

So, I'm not asking you to believe me just yet. All I ask is you approach this and read the rest of this information with an open mind. If you give us a chance, we promise, you won't be disappointed...

Because There is Proof Real medical proof.

Here it is. A leading Orthopedic Surgeon and knee pain expert was getting excellent results with this non-surgical treatment on his own patients. In fact, this study involved almost 2000 patients followed over 10 years.

And more specifically, he was getting amazing results the way HE was doing this treatment using high tech imaging for precise technique... just like we do it.

And he wanted to prove... beyond a shadow of a doubt... the results he got... were not only REAL... they could most likely work for others just like you.

So he conducted some research, an 11 year project, and is was published in the "Journal of Knee Surgery"... a Real and REPUTABLE medical journal (A copy of this research is available on our website or by mail)

What were his results and what do they mean for your pain?

In this study he found that 75% of the severe knee arthritis pain patients he treated... and were facing knee replacement surgery... did not need to have knee replacement surgery... and were still OK 7.3 years later!

This is incredible news for you... and here's why...

The patients in this study were Stage 4 knee arthritis. That's the most advanced and worst stage. These are the cases that are usually sent for knee replacement surgery.

These patients had also gone through the common medical treatments like pain and anti-inflammatory pills, physical therapy etc. and all that had failed.

So... these were the WORST cases of which every thing else had failed... YET, after this treatment, 75% still did not need knee replacement even more than 7 years later.

And it gets better. The study only collected data up to that time. It is pretty safe to say that many may never need surgery.

Bottom line: This study clearly showed this treatment is safe and extremely effective even for the worst cases.

So, even if you aren't one of the worst cases... imagine what it can do for you.

What IS This Treatment And How Can You Find Out If It Can Help You?

As studied as this treatment is... you may have an "Oh No!" reaction. Why? Because there is a very good chance you have heard of it. You may have even given it a try... and NOT gotten good results.

That's because this treatment is actually pretty common now a days. But... and this is a very big BUT... there is a very specific way to apply this treatment (as done in the study) that makes it so successful. And many are NOT doing it this way.

So... please hear us out. This really might be the answer you are looking for.

Ok... here is the treatment and the full scoop on why it works so well... when done THIS WAY.

The treatment is called "viscosupplementation." It is frequently called, "gel treatment." Or "joint oil".

In this treatment, a gel is painlessly injected directly into your arthritic joint. This lubricates the joint, reduces friction... and allows more movement without all the inflammation and "grinding" caused by arthritis. This is like putting oil on a rusty hinge. Once the oil is applied, the hinge can move much better.

But here is something you must know: In that research project, all of the procedures were done with highly advanced imaging to guide the injections and make sure the gel got into the joint space area ultra-precisely.

This is EXTREMELY important... because... research also shows that injections done WITHOUT this imaging to guide them... can miss the joint space about one third of the time.

That means, in one third of the injections, the gel wasn't in the joint space and couldn't possibly work!!!

We feel this is why so many people have tried this treatment and DIDN'T get good results like in the patients in this research.

So, if you have already had this treatment and it didn't work... was it done with this advanced medical imaging?

If not... there is still hope.

In fact, there is a very good chance you can still get relief.

Here is why: NYC Pain MD is a medical clinic located at 65 Broadway Suite 1004 New York, NY 10006.

We have physicians who focus in this treatment... and we use the advanced imaging to make sure the treatments are extremely precise and get the best results possible.

In fact, we have a doctor trained at the University of Pennsylvania School of Medicine, Cornell University and even Harvard Medical School.

We have the best... but we also make treatments VERY affordable

Just because we offer the best possible treatments and doctors... doesn't mean we are so expensive only rich people can get our wonderful treatments.

While treatments may be covered by Medicare and some insurances... we also offer pricing plans for as little as \$13.57 per week so patients can finally relieve their pain and try to avoid surgery.

We don't want lack of insurance or money to be the reason you continue suffering.

Your Special Invitation...

If you have knee arthritis pain... and are even



Study shows this treatment was successful in 75% of knee arthritis pain sufferers... saving them from surgery for at least 7.3 years. Will it work for you? Find out for FREE

just a little interested in finding out what this treatment can do for you... we are inviting you to come in for a FREE screening appointment.

During this screening, you will get to talk to the doctor... ask questions... and find out if you qualify.

We will go over everything with you... and you will breathe a big sigh of relieve finally having real answers and a specific plan to to possibly relieve your pain.

We will leave no stone unturned... and we will help you any way we can.

Please understand this:

This treatment can possibly take away your pain...

No matter how long you've been suffering. It really doesn't matter. It may take a little more time if you've been suffering for years as opposed to a "new" case... but in the end... you can still get tremendous results...

No matter how bad or helpless you THINK your case is. Many of our patients thought their case was hopeless... too far gone, for anything to help them. Many of their previous doctors told them that. Well you're NOT. With this treatment... the way our expert doctors do it... there is *always* hope.

Most of our patients have told us we were their last resort. Last stop before packing it in and completely giving up and submitting to surgery. They soon found out that our treatments made it really easy to get relief... and, best of all...

You Get To See If You Qualify For FREE

That's right. We want you to see EVERYTHING first hand and to prove to you... without a shadow of a doubt... we have the help for your knee pain that you are desperately wanting. And we want to do it without you spending a penny or risking anything to find out.

That's why we are offering you this free screening.

So my big question for you is - is the opportunity to wake up tomorrow morning... and every other morning for the rest of your life... with less pain... worth the 60 minutes it will take to be evaluated?

What else could you possibly do with that same 60 minutes that could have such a profound impact on the rest of you and your family's lives? You know, it's really disappointing to me that so many people just go on living with pain when you don't have to. So many of patients tell us how they used to be in pain... just about every day.

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Work and family have become rewarding

and fun. Life is so much easier and better... in so many ways... without the pain. Finally, things start falling into place the way you always thought they would.

One of the best things or physicians and staff hear is "Hey doc since starting this program I've lost 17 pounds because now that I can finally move around pain-free the weight just keeps coming off!"

Which one of those amazing things I just mentioned would you like to happen to you... right now.

Maybe it's none of the things I've mentioned. But, you do have hopes and dreams. We all do. And pain robs you of the opportunity to live out those hopes and dreams. Robs you of the life you really and desperately want... and deserve.

Whatever YOUR personal hopes and dreams are... They are all possible if you take action... right now.

All you have to do is give this a chance and schedule for the screening. But then again...

What's also possible is that your pain starts getting worse. And that happens to so many people from just doing nothing.

Taking action may seem like a little work... or... it may even be a little scary for you - but not taking actions is almost always worse. The eight most dangerous words to your future, your health, and your hopes and dreams just may be...

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But because we get so many calls... we can only take 50 from what you are reading this month.

You have absolutely zero to lose and possibly everything to gain. But due to high call volume, we suggest you call now. **877 380 8537**



877 380 8537

Ruben Diaz Sr refuses to apologize for homophobic comments

Politicians are urging the Bronx councilman to apologize to the LGBTQ community.



SARAH LUOMA
letters@metro.us



Bronx Councilman Ruben Diaz Sr. made the comments earlier this week during an interview on the radio show "El Desahogo." GETTY IMAGES

Bronx City Councilman Ruben Diaz Sr. is refusing to apologize for comments he made earlier this week that have been deemed homophobic.

Diaz sparked outrage after appearing on a local radio show, "El Desahogo," where, according to News 12, he spoke about his work for the Council's For-Hire Vehicle Committee.

During the interview Diaz said that the City Council is "controlled by the homosexual community." He added that he

feels as though his hands are tied because of the LGBTQ community.

"They're not the victim," he said. "I am giving them credit. They are in control, they have power, influence."

City Council Speaker Corey Johnson has called for an apology from Diaz.

Johnson called the comments "offensive to both the speaker and the body, and have no place in

New York City. He should apologize to all of his colleagues, and the entire LGBTQ community."

Diaz doesn't feel as though his comments were offensive.

"What I said is not homophobic, it's the truth," Diaz told the Daily News.

Diaz Sr.'s son, Bronx Borough President Ruben Diaz Jr., also has publicly condemned his father for his comments.

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*APY = Annual Percentage Yield *Minimum \$1,000 to open. A penalty may be imposed for early withdrawal before maturity.

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*The rate may change after the account is opened. *Fees may reduce the earnings on the account.

*The rate is effective as of November 30, 2018 and subject to change without notice.

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NYC Doctors Urge Back Pain Sufferers: Avoid Surgery Or Addictive Drugs Until You Read This...

Modern Treatment stands to free thousands of New York Area pain sufferers from reduced mobility, stress and poor quality of life. Treatment may help avoid surgery or overuse of dangerous medication

NEW YORK CITY - If you are interested in relieving back pain or neck pain, getting back to basic daily activities without discomfort and having more energy, than this this will be the most exciting message you ever read.

Here's why

There is a medical clinic in New York City called **NYC Pain MD**. Actually two of them... in different parts of the city. I'm not sure... but if I'm right... you may want to call them after reading this. If so, their phone number 877-907-2934.

Anyway... Here's What This Is All About

The doctors at **NYC Pain MD** have made a discovery of sorts. It's not a discovery as in they invented something new. It's a discovery about when and how they apply certain back pain treatments... that they have fine tuned... and perfected to get better results than they ever thought possible.

Countless patients are living proof. **And check this out:** What NYC Pain MD doc's actually use is called an "algorithm"... a special step-by-step formula starting with proper evaluation so you make sure to leap frog or bypass treatments that won't work... and find the ones that will work best for you in a little time as possible. Less trial and failure means better quicker results for the pain sufferer.

Now, you may have even heard about many these treatments. **But here's one I bet you may have never heard of... that might help you... and it's not an "epidural".**

This treatment is called:

"Radiofrequency Neurotomy." RF for short. RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your back or neck and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced precision medical imaging to target the damaged areas... done right in their own clinic without intimidating, expensive hospitals or surgical centers... to "block" the painful nerve flow.

To decrease pain and improve function. If this first "test" procedure is successful, RF Neurotomy or "Radiofrequency will be performed for longer term relief.

But... It's NOT Just The Treatment Alone That Is The Key Ingredient

You see, the real secret is the NYC Pain MD *formula*. And that again starts with a proper screening evaluation to determine if you are a good candidate and may achieve the results you are looking forward to. This is always Step Number One.

And what you'll really like is... this screening is FREE

That's right. **NYC Pain MD** offers this first step screening at no cost to patients. The only problem is... they often get over 100 inquiries a day as they also treat almost every painful area and joint. Sometimes its hard to get through. If you don't get through to someone when you call... keep calling... or leave a message... it will be well worth it.

This screening will give you so much relief just knowing what is going on... and what your best options are.

But that's just the first step

After your free screening, if you qualify, the doctors will discuss the best treatment plan for you in a way that you can understand completely. Not all complex "doctor talk".

The best treatment may be one... or a combination of several advanced medical treatments offered at **NYC Pain MD**.

Everything will be explained and all your questions will be answered. And even better:

You will be given all this At NO COST. **NYC Pain MD** doctor's are not like used car salesman. They will not be giving you a sales pitch. They are doctors and will give you the best possible options to help your pain and offer to help you the best way they can. In fact, with so many patients patient's looking for relief, it's often hard to even get a treatment spot.

You should also know this: While **NYC Pain MD** cannot accept every case or help everyone... so many have finally gotten the pain relief they were looking for.

One of the reasons they offer those first step free screenings is because it has opened the door



NYC Pain MD offers innovative treatments for back and neck pain using modern techniques without hospitals or surgical centers.

to so many people that never would have gotten help otherwise.

At the very least, you will finally have some direction and a plan. And whether you have the best, worst or no insurance at all, **NYC Pain MD** programs can be made affordable to everyone

They do not want insurance issues... or not being rich or famous... to keep you away if you are suffering in pain.

There is a whole lot more I could say about their treatments etc... but this space is limited and that's best left for you and the doctors to discuss in person.

So... if you are even remotely interested... take the a first step give them a call at 877-907-2934.

How To Schedule Your Risk-Free No-Obligation Screening Evaluation

When you call, tell the scheduling experts you are calling for the special "**No Obligation Back Pain Screening Program**". They will know exactly what you need to do and will find the next available and convenient spot in our schedule. So again, just call 877-907-2934. The lines get very busy so if you do not get a live scheduling coordinator, make sure to leave your name, number and time of your call on our voicemail. They will get back to you as soon as possible. Again, the number to call is 877-907-2934.



www.PainMDNY.com
877-907-2934



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This building is anticipated to receive a Tax Exemption through the 421a Tax Incentive program of the New York City Department of Housing Preservation and Development.

Who Should Apply?

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

- Preference for a percentage of units goes to applicants with disabilities:
 - Mobility (5%)
 - Vision/Hearing (2%)

AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum – Maximum ⁴
Studio	\$1,890	2	1 person	\$64,800 - \$95,030
			2 people	\$64,800 - \$108,550
Studio	\$1,920	3	1 person	\$65,829 - \$95,030
			2 people	\$65,829 - \$108,550
1 bedroom	\$2,150	2	1 person	\$73,715 - \$95,030
			2 people	\$73,715 - \$108,550
			3 people	\$73,715 - \$122,070
1 bedroom	\$2,230	4	1 person	\$76,458 - \$95,030
			2 people	\$76,458 - \$108,550
			3 people	\$76,458 - \$122,070
2 bedroom	\$2,475	4	2 people	\$84,858 - \$95,030
			3 people	\$84,858 - \$122,070
			4 people	\$84,858 - \$135,590
			5 people	\$84,858 - \$146,510
			2 people	\$86,743 - \$108,550
2 bedroom	\$2,530	8	3 people	\$86,743 - \$122,070
			4 people	\$86,743 - \$135,590
			5 people	\$86,743 - \$146,510
			2 people	\$86,743 - \$108,550

¹ Tenant is responsible for gas and electric (including electric heat)

² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope with a stamp to J&J Tower C/O Reside New York, 381 South 5th Street, Unit 1, Brooklyn NY 11211**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **March 15, 2019**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If you are selected and you appear to qualify, you will be invited to an appointment of eligibility to continue the process of determining your eligibility. Appointments are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español	Presente una solicitud en línea en nyc.gov/housingconnect . Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: J&J Tower C/O Reside New York, 381 South 5th Street, Unit 1, Brooklyn NY 11211. En el reverso de sobre, escriba en inglés la palabra "SPANISH". Las solicitudes se deben enviar en línea o con sello postal antes del 5 de marzo 2019.
简体中文	访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的中英文版，请将您的回邮信封寄送至：J&J Tower C/O Reside New York, 381 South 5th Street, Unit 1, Brooklyn NY 11211。信封背面请用英语注明“CHINESE”。必须在以下日期之前在线提交申请或邮寄书面申请2019年3月15日。
Русский	Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect . Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу J&J Tower C/O Reside New York, 381 South 5th Street, Unit 1, Brooklyn NY 11211. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 15 марта 2019.
한국어	nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고를 한국 신청서에 대한 한국어 번역본을 받아보시려면 발송용 봉투를 J&J Tower C/O Reside New York, 381 South 5th Street, Unit 1, Brooklyn NY 11211으로 보내주세요. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주세요. 2019년 3월 15일까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.
Kreyòl Ayisyen	Aplike sou entènèt sou sitwèb nyc.gov/housingconnect . Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvan ki gen adrès pou retounen li nan: J&J Tower C/O Reside New York, 381 South 5th Street, Unit 1, Brooklyn NY 11211. Nan dèyè anvòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tanbre younvan dat mas 15, 2019.
العربية	قدم طلبك عن طريق الإنترنت على الموقع الإلكتروني nyc.gov/housingconnect للحصول على ترجمة باللغة العربية لهذا الإعلان والتمودج الطلب الورقي. أرسل مغلف يحمل اسمك وخواتمك إلى: J&J Tower C/O Reside New York, 381 South 5th Street, Unit 1, Brooklyn NY 11211. على الجهة الخلفية للمغلف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نموذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل 15 مارس، 2019.

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer



Saudi Arabia: 'Nothing to do' with Bezos-AMI dispute

AMI said its reporting was lawful but will investigate.



GETTY IMAGES

Saudi Arabia had "absolutely nothing to do" with the National Enquirer's reporting on an extramarital relationship involving Amazon Chief Executive Jeff Bezos, the kingdom's minister of state for foreign affairs said.

Bezos on Thursday accused American Media Inc. (AMI), the Enquirer's owner, of trying to blackmail him with the threat of publishing "intimate photos" he allegedly sent to his girlfriend unless he said in public that the U.S. tabloid's reporting on him was not politically motivated.

In a blog post, he alluded to Saudi Arabia's displeasure at the Bezos-owned Washington Post's coverage of the murder of its col-

umnist and Saudi journalist Jamal Khashoggi.

"This is something between the two parties, we have nothing to do with it."
Adel al-Jubeir

He also referenced media reports about alleged links between AMI and Saudi Arabia. "This is something

between the two parties, we have nothing to do with it," Adel al-Jubeir told CBS' "Face the Nation" when asked if the Saudi government was involved in the Enquirer leaks.

"It sounds to me like a soap opera," he said in an interview to be aired on Sunday, excerpts of which were posted on CBS' website. Jubeir said he was not aware of any links between the Saudi government and AMI or its CEO David Pecker.

AMI said on Friday its reporting on Bezos was lawful and it would investigate his claims.

The killing of Khashoggi at the kingdom's Istanbul consulate last October strained Saudi Arabia's ties with Western allies, exposed the kingdom to possible sanctions and tarnished the image of de facto ruler Crown Prince Mohammed bin Salman.

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 2511 Ocean Ave Ste 102 Brooklyn, NY 11229 **4 5 6 7 8 9 10 11 12**
 2444 86th St, Ste A, Bensonhurst, NY 11214 **4 5 6 7 8 9 10 11 12**
 2965 Ocean Pkwy Ste 200 Brighton Beach, NY 11235 **4 5 6 7 8 9 10 11 12**

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 947 Southern Blvd. Bronx NY 10459 **2 3 4 5 6 7 8 9 10 11 12**

Queens:

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Seven must-hit boxing clubs New Yorkers must try



In addition to its spin club popularity, Brooklyn's Rhythm Ryde now offers a must-try boxing class.

WEIGHT LOSS STUDY



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Join the knockout revolution by trying Metro's "Sweet Seven" boxing clubs.



JEFF TOMKO
jeff.tomko@metro.us

Whether you have the fists of GGG or the jaw of Glass Joe, it's hard to deny the adrenaline rush boxing provides as you envision lacing up the gloves and landing that knockout hook to a heavy bag.

There's also little question as to why the sweet science is exploding in fitness circles worldwide. Its muscle-building, fat-burning and confidence-boosting capabilities make boxing a second-to-none bang for your fitness buck. Boxing has even become a workout staple for celebrities such as Kevin Hart and Gigi Hadid.

And in New York City, there are plenty of places for you to get your fight on. Here, Metro offers you its "Sweet Seven" — the top studios to try and unleash your inner Mayweather each day of the week.

Metro's Sweet Seven

1. EverybodyFights

What began as a weight-loss project escalated into a 16-0 pro career and now five-city expanding franchise for George Foreman III, son of the legendary heavyweight champion. Consider EBF the Amazon of boxing clubs: old-gym grit meets high-end amenities (two rings, weight room, tons of cardio machines, even yoga) to create a one-stop fight-and-fitness experience for boxing and fitness enthusiasts. "One day you can do your bag, one day you do your work, one day you do your shadowboxing and technique. Put it all together, you're doing an authentic boxing training camp," Fore-

man says. In the ring, learn proper punch technique in EBF's Mittwork class, then take your knowledge and fury to the heavy bags for its signature Trainx360 classes. Each class will feature actual knockdown sequences from hundreds of historic and classic fights. "My favorite was Sugar Ray Robinson's in his [1950] fight against Jean Stock: a jab, right cross, left hook to the body, left hook to the head, and a straight right down the center," Foreman says.

295 Madison Ave.; everybodyfights.com, @everybodyfights

2. Rumble

There are plenty of reasons why Rumble remains the go-to boxing-themed workout class in the city. "Rumble is an experience that has to be done to truly understand," says Rumble co-founder Noah Neiman. During its 45-minute techno-energized fight classes, your fists will land pop-pop jabs and crosses while the boom-bangin' beats dropped by DJs Chachi and Rick Wonder keep you amped throughout the workout, which will also include plenty of high-intensity conditioning drills. You'll leave shreddin' and sweatin', and beggin' to sign up for another round of classes. "It's like interactive theater for your soul," Neiman says.

Multiple locations; rumble-boxing.com, @rumble_boxing

3. Trinity Boxing Club

"Other clubs will give you abs, we'll give you guts," says Martin Snow, owner of Tribeca's Trinity Boxing Club, just as he wraps up demonstrating a jab's brutal effectiveness with a "love tap" to the chin. No gimmicks or house music here, Trinity is the old-school, real deal for fighters seeking their inner Ali and unleashing their Tyson-like fury. You'll warm up with jump rope, end



COURTESY RHYTHM RYDE

with gut-busting ab finishers and, in between, learn the jab-cross-roll-hook techniques in the ring from the former Golden Gloves super-heavyweight champion and his team of top-level boxing trainers. "By the end of class, you'll know how to throw a punch when a punch is coming at you, plus why you're throwing that particular punch," Snow says. 116 Duane St.; trinityboxing.com

4. Gloveworx

"Prehab is the best rehab," points out Dustin Enriquez, lead trainer at Gloveworx, the fight factory that just opened its doors in Lower Manhattan's Oculus last month. Each GWX session begins with extensive warm-up movements (planks, shoulder taps, pushups) prior to putting on the gloves. From there, it's jabs, hooks and crosses followed by a punishing finishing round or two of sled pushes and/or VersaClimber movements. By the end of class, you'll also have learned the lost art of actually ducking a punch. "Think of having a marker in your mouth and you're writing the letter 'U' with your mouth," says owner Leyon Azubuike, whose client list includes Jennifer Aniston. "That's how you roll." 185 Greenwich St.; gloveworx.com, @gloveworx

5. Shadowbox

According to Shadowbox founder Dan Glazer, that first jab-cross-hook-cross you throw at the bag during its TKO class will be a feeling of equal parts excitement and nerves in this full-body-and-mind workout. By Class 2, expect to be more amped and up for the challenge of landing right hooks to the sounds of anyone from ASAP to Michael Jackson, Calvin Harris and Missy Elliott. "Once the intimidation factor is completely removed from the equation, and

it becomes clear that this workout is designed for everybody, you'll want to experience the class over and over again," Glazer says. multiple locations; sbxboxing.com, @sbx_boxing

6. Rhythm Ryde

With an EDM-hip-hop-infused vibe, you'll see how owner Joey Foley made his Brooklyn spin studio hipster cool. Silently, the former University of Pittsburgh wide receiver has created one of the city's up-and-coming boxing-themed workout classes with an eight- to 10-round combo of jab-jab-crosses to the bag interspersed with injury-prevention-gear body-weight movements which still keep the heart rate elevated and the body burning and yearning for the next Rhythm Ryde class. "You're going to feel and want to say, 'I am the greatest,'" Foley says. "You'll leave sore, but you'll be creating the best version of yourself — while having a hell of a good time doing it!" 127 Plymouth St.; rhythmryde.com, @rhythmryde

7. Hurricane Fitness

The city's best-kept fitness secret is tucked away in Harlem, where trainer Rodney "Hurricane" Carter conducts his Boxing Express conditioning class from his private studio. To the beats of Cardi B and Ciara, Carter's 45-minute, high-octane, bags-and-burpees beatdown will get you fighter fit regardless of age or fitness experience. Boxing Express class sizes are small, allowing the former amateur fighter to give more personalized attention to each client. "It'll certainly knock you out," Carter says. "It's a fun-filled, fast-paced, functional workout that's always changing and is created in a way to allow individuals to compete against others ... and themselves."

By appointment only; Hurricane@HurricaneFit.com, @hurricanefitnessnyc



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READER WRITE-INS:

UBER EATS

The other morning, I noticed a fast-food takeout bag on the floor of my apartment building lobby. The receipt was stapled onto the bag, with a bright-colored label which read "Uber Eats." The receipt listed all the items in the bag and the time of the order (3:30 a.m.) but the name of the customer was nowhere to be found. What kind of delivery service is this?

— Dan Kraft, Metro Boston reader



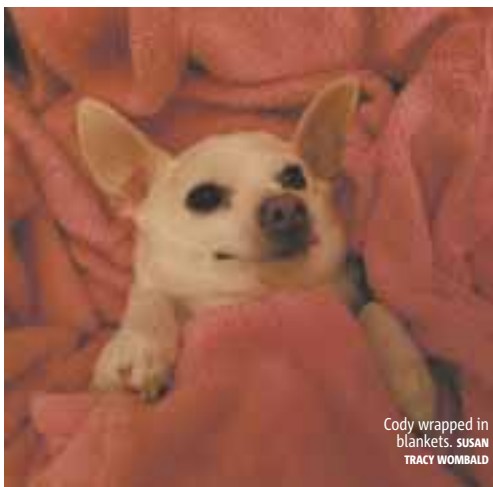
Pat King
Grumble Editor

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SEND US YOUR PET'S WINTER FASHION!

We were so overwhelmed by your submissions, faithful readers, of your pets looking cute in their best winter outfits that we thought it would be a good idea to post some of our favorites here. Enjoy!



Cody wrapped in blankets. SUSAN TRACY WOMBALD



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Stella's winter gear.
FEAVIEN TAN



Bolivar doing a quick yoga pose before heading outside.
NANDU TIPPANONGSE

metro.us/horoscopes

- Aries** Look on the bright side of every situation you face. A positive attitude will help you find a solution.
- Taurus** Let your emotions and intuition lead the way. If you express your feelings, your suggestion will be well received.
- Gemini** Truth matters. Stick to the facts, and consult an expert who can get you up to speed if needed.
- Cancer** If someone makes a move you don't like, react intelligently. If you let anger take charge, you will lose ground.
- Leo** You may want change, but get the approval of those affected by your plans before you charge ahead.
- Virgo** Take a breather and have some fun. You'll learn much if you interact with people. Additional experience will improve your position.
- Libra** Listen, get ready and consider the possible obstacles. Preparation will make the difference between success and failure.
- Scorpio** You'll learn through experience and new things. Someone different from you will offer a suggestion that will take you by surprise.
- Sagittarius** You may know what you want, but how to get it will perplex you. Before you put your energy to work, have a feasible plan in place.
- Capricorn** Emotional matters can be dealt with. If you start a conversation and find out what others want, you'll know how to move forward.
- Aquarius** Look over an offer with skepticism. Trust in your ability, not in what someone else tells you or tries to coax you into doing.
- Pisces** Don't get angry if someone leans on you or asks for help. Consider what you can do and what you feel is fair, and strike a deal.

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LIFESTYLE



Candy Crush will buy you dinner

Make this Valentine's Day "Sweet 'N Solo."



EVA KIS
eva.kis@metro.us

There's never been a better time to be alone for Valentine's Day, because solo diners are in for a free treat courtesy of the app who's your real ride or die anyway: Candy Crush.

This Feb. 14, Candy Crush is treating its

New York fans to a free solo dinner experience at the Lower East Side's acclaimed vegetarian restaurant Dirt Candy. Chef Amanda Cohen and her crew have been hosting solo dinners for lonely hearts for years, and this year their intimate dining room has gotten a sweet makeover.

So instead of avoiding the obligatory displays of love and staying in with Netflix, know that everyone at the Sweet

'N Solo experience will be dining alone — and enjoying it. Each table and counter seat will be set for one, with white tablecloths and flower arrangements — because you deserve to feel special, too.

And no, just because this is a Candy Crush dinner doesn't mean everything is infused with candy, though the room will feature an edible candy wall and a candy tree with pickable treats.

The four-course meal is the seasonal vegetarian goodness that Amanda Cohen is known for: monkey bread with garlic butter; sweet & salty beets with a heart-shaped savory cake, winter vegetables in a smoked cabbage broth and — what else? — a chocolate bombe with candy inside for dessert.

So enjoy being single on Valentine's Day at Sweet 'N Solo on Thursday, Feb. 14, at 7 p.m. by signing up at Eventbrite.

Take a 'Sweet ReTreat'

Getting chocolates for Valentine's Day is nice, but why stop there when you could make yourself the snacc at a free salon with candy-themed treatments created by the makers of M&Ms and Skittles?

That's right, you can eat your candy and have a candy-themed manicure too at Sweet ReTreat Refresh Lounge, popping up just for Feb. 13-14 at 111 Grand St. in SoHo. Created by Mars Wrigley Confectionery, everything is themed to their line of candies, chocolates and gum.

At the Candy Counter Touch-Up Makeup Bar, choose from a Big Red-inspired spicy lip, under-eye masks for both your eyes (no need to choose sides like with a Twix

bar), smokey Snickers or icy blue Orbit eye makeup, or lash extensions so you can be Extra, too.

Mini manicures come in colors inspired by either the five fruity flavors of Skittles, or Orbit, Hubba Bubba and Extra Cinnamon Red gum. A Blowout, Braid and Beard Touch-Up Bar will straighten, volumize or twist up your hair, or gents can opt for a minty facial hair treatment. Or just take a moment to relax with a shoulder, neck or hand mini massage with minty aromatherapy.



Sweet ReTreat is open from noon to 8 p.m. both days. Appointments are limited to one per person, so choose wisely and book ahead at marssweetre-treat.com. EVA KIS

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TELEVISION

METRO.US
MONDAY, FEBRUARY 11, 2019

Why Henry Rollins doesn't call himself a comedian

The musician doesn't think his "talking shows" are standup comedy.



ANDREW HUSBAND
drew.husband@metro.us

Six months after its premiere on Showtime, the latest spoken word special from musician, actor and writer Henry Rollins is set to debut on the Comedy Dynamics Network via iTunes, Google Play, Amazon, Microsoft Xbox, Vudu, Spectrum and Dish Network.

In "Keep Talking, Pal," Rollins tells equally comedic and thoughtful stories about his time as the frontman of the Henry Rollins Band, his friendship with the iconic American drag queen RuPaul and the

current state of politics in America. As the nearly 58-year-old performer explained it to Metro, however, he doesn't consider himself a comedian.

"Maybe I have more comedic beats in what I say these days, but I've never considered what I'm doing to be a standup show," he explains. "I still call them 'talking shows.' So when people ask me if I'm a comedian or not, I always make fun of myself. I'm just a nervous guy talking at a high rate of speed. So, basically, I'm just a reporter. I'm telling the audience stories of what I've seen and all my I travels. I travel all over the world looking for great stories."

Even so, Rollins understands why comedy audiences who may not be familiar with

his previous "talking shows" would be interested in Keep Talking, Pal.

"Lewis Black, for example, says s-t that's not always funny. It's amazing but it's not necessarily funny," he says. "And then you're laughing a minute later. When you get him on heated topics like abortion and similar stuff, though, he's as serious as a heart attack."

Hence why the special largely consists of long, detailed stories regarding Rollins' various experiences that are occasionally punctuated by punchlines. It's nothing like a typical standup set, during which the performing comic will pepper their set with jokes every 10 to 15 seconds, but it's still enough to keep viewers engaged.

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Henry Rollins doesn't consider himself a comic. SHOWTIME/COMEDY DYNAMICS

that, as Rollins himself admits, the majority of "Keep Talking, Pal's" audiences will likely be people who are already familiar with his work, it's evident that he has spent a great deal of time honing the craft of storytelling. Considering his comedy acting credentials, be it for films like "The Chase" or TV shows like "Portlandia," viewers might assume this is due to

Rollins' ability to improve. That assumption would be wrong.

"I will walk about a mile out and back on or near Ventura in the San Fernando Valley, where I live, telling myself these stories," he explains. "I'm doing it out loud, like I'm on stage telling them, so that I can hear my voice saying them. That way I can determine which parts are boring and

have to go, which lines are good and should be repeated, and so on. That's how I put it all in front of my brainpan."

"I'll keep doing this to work things out," he continues, "while walking along the street or pacing around in my house."

"Henry Rollins: Keep Talking, Pal" debuts Feb. 12 on the Comedy Dynamics Network.

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NOTICE OF PROPOSED CLASS ACTION SETTLEMENT

**SUPREME COURT STATE OF NEW YORK -
NEW YORK COUNTY INDEX NO. 158298/14
MAOR, et al. v. CENTERPLATE, INC., SERVICE AMERICA CORP.
d/b/a CENTERPLATE and VOLUME SERVICES, INC.**

TO: All individuals who performed work as servers/attendants, bussers, bartenders, food runners, captains and other service workers performing work at Centerplate's catered events in New York from August 22, 2008 to June 30, 2018. (the "Class" and "Class Members")

This Notice relates to a proposed settlement of a class action litigation for up to \$5.7 million. Publication has been authorized by a New York State court. It contains important information as to your right to participate in the settlement, make a claim for payment, or elect not to be included in the class.

THE LAST DATE TO PARTICIPATE, OBJECT, OR OPT-OUT OF THIS SETTLEMENT IS MARCH 11, 2019

Marshall Maor ("Plaintiff") filed a lawsuit in 2014 alleging claims for unpaid gratuities against Centerplate, Inc., Service America Corp. d/b/a Centerplate and Volume Services, Inc. d/b/a Centerplate ("Defendants" or "Centerplate"). Defendants deny any wrongdoing and maintain that all workers were compensated in accordance with the law.

Plaintiffs and Defendants have agreed to settle the action subject to the approval of the Court. Defendants, while denying wrongdoing of any kind whatsoever, and without admitting liability, nevertheless have elected to settle the Action to avoid the expense, inconvenience and the distraction of litigation. The Court has not decided who is right and who is wrong or who would prevail if this case went to trial.

To receive a payment, you must timely complete and return a Claim Form to the Settlement Claims Administrator, which is available at www.CenterplateSettlement.com. Your Claim Form must be mailed, faxed or emailed to the Settlement Claims Administrator no later than March 11, 2019. If you fail to submit a timely Claim Form you will not receive a monetary distribution from the settlement. Your rights and options are summarized in the Court approved Notice which may be obtained by contacting the Settlement Claims Administrator:

Centerplate Class Action c/o Simpluris Inc.
P.O. Box 26170 Santa Ana, CA 92799
Phone: (888) 836-1713 | Fax: (714) 824-8591
Email: Centerplate@Simpluris.com

If you elect to participate in the settlement your allocated share shall be determined by a settlement allocation formula that takes into account the following factors: (1) your status as a Centerplate employee or staffing agency worker assigned by Gotham Personnel, Top Shelf Staffing, Eden, JBC, United, PSS, NBH, or other staffing agencies; (2) your work location such as Javits Center, Saratoga Race Course or Belmont Park, and; (3) the dates and times that you worked at the Centerplate venues in New York between August 22, 2008 to June 30, 2018.

The law firms of Virginia & Ambinder, LLP, 40 Broad Street, 7th Floor, New York, New York, 10004, (212) 943-9080, www.vandallp.com and Leeds Brown Law, P.C., One Old Country Road, Suite 347, Carle Place, New York 11514, (800) 585-4658, www.leedsbrownlaw.com have been designated as legal counsel to represent you and the other Class Members. These lawyers are called Class Counsel.

This notice summarizes the proposed settlement. More details are in the Settlement Agreement, Notice and Claim Forms. You can review the Settlement Agreement by asking for a copy of the Settlement Agreement by writing or contacting Class Counsel.



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The peak winter TV season is now in full swing. Most shows with midseason breaks over the holidays have since returned to their regular programming. Meanwhile, plenty of new series and specials are about to drop. Here's what to watch on TV this week **ANDREW HUSBAND**

"THE UMBRELLA ACADEMY"



NETFLIX

Feb. 15 on Netflix

Based on the award-winning graphic novel series written by My Chemical Romance frontman Gerard Way, "The Umbrella Academy" follows the surviving adopted children of Sir Reginald Hargreeves (Colm Feore). Most of them are super-powered, except for Vanya (Ellen Page), and they loosely fit the definition of a "family" – even in the event of their adoptive father's death. When an apocalyptic event threatens the future of humanity, however, they must band together to stop it.

"LORENA"

Feb. 15 on Amazon Prime

In the new documentary series "Lorena," which is also produced by Jordan Peele, filmmaker Joshua Rofé argues that the Bobbitt story actually "laid the groundwork for the modern 24-hour news cycle and increasing sensationalistic media coverage" TV viewers are now accustomed to. The series also claims "the Bobbitt story was a missed opportunity for a national discussion on domestic and sexual assault in America." The series includes interviews with Lorena, John Wayne and many others.

"WEIRD CITY"

Feb. 13 on YouTube Premium

In what may sound like another ripoff of Charlie Brooker's "Black Mirror" horror anthology series, Jordan Peele and Charles Sanders' new show "Weird City" proves itself to be something different. At least in terms of the comedy, because all the science-fiction and fantasy-esque hallmarks of the popular Netflix program are all there. Every episode takes place in Weird and explores issues that pertain to present-day life via stories that could only be told with a blend of sci-fi and comedy.

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SPORTS

Early price for Panarin looks set

With the NHL trade deadline approaching, the Islanders know what they'll have to give up for the Columbus star.



JOE PANTORNO
joseph.pantorno@metro.us

The Columbus Blue Jackets are playing a dangerous game when it comes to the future of star winger Artemi Panarin.

With unrestricted free agency looming at the end of the season, the 27-year-old has already made it known that he will not discuss a possible contract extension with Columbus until after the 2018-19 season.

The rest of the NHL got an idea of what the Blue Jackets will be asking for should a brave executive



The Blue Jackets have reportedly set a high asking price for Artemi Panarin, who could help the Islanders down the stretch. GETTY IMAGES

inquire about a possible trade. A league executive told Fluto Shinzawa of The Athletic, who made the case that Panarin should be on the Boston Bruins radar, that Columbus GM Jarmo Kekalainen could be looking for a 2019 first-round draft pick and two high-end prospects.

That would mean,

he deduced, that Boston would have to send a combination of the likes of Ryan Donato, Urho Vaakanainen or Trent Frederic along with an upcoming first-round draft pick.

Like the Bruins, the Islanders are one more premier offensive playmaker from evolving into a serious threat in the Eastern

Conference. A sputtering power play unit and the dip in production from Josh Bailey and Anthony Beauvillier is slowly making a talent like Panarin a necessity.

Under those similar parameters for the Bruins, WFAN's Andy Graziano suggested the Islanders would have to send one

of their top prospects in Oliver Wahlstrom along with Beauvillier and a first-rounder.

The Islanders have a rich pipeline in terms of prospects and could also offer promising youngsters like Kieffer Bellows, Noah Dobson, Bode Wilder or Michael Dal Colle as well. It would be difficult

for Lou Lamoriello to pull off such a move even if the Islanders offer the strongest return because the Blue Jackets are currently chasing the Islanders in the Metropolitan Division. They're just five points back of the first-place Islanders, which will obviously create hesitation to help a division rival pull away in the standings.

The largest issue with Columbus' demands is that they have set such a high asking price for what could be a rental of just two-plus months with Panarin. He has already made it known that he wants to test the waters in free agency, which will likely eliminate any chances of a sign-and-trade to maximize the Blue Jackets' return.

Should he not come down in price, Kekalainen is facing the serious possibility of seeing Panarin remain with the Blue Jackets for the stretch run and losing him for nothing come Jul. 1.

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Davis another summer option for Knicks

The Knicks are one of the favorites to land the star center. Whom could they give up?



JOE PANTORNO
joseph.pantorno@metro.us

As the final hours of Thursday's NBA trade deadline ticked away, the New York Knicks suddenly found themselves in contention for Anthony Davis despite no reported efforts actually being made to acquire him.

Marc Stein of The New York Times reported on Wednesday that the Knicks "are on equal footing" with the Los Angeles Lakers as teams Davis would be willing to sign a long-term deal with.



Anthony Davis (23) will likely be traded this summer and has listed the Knicks as a team he would re-sign long-term with. GETTY IMAGES

The 25-year-old New Orleans Pelicans center, who asked for a trade two weeks ago, will become a free agent in

2020, and his desire to re-sign with any potential trade suitor drastically affects the impending return his current franchise might get for him.

Last week saw the Lakers, considered by many as the favorites to nab Davis, basically offer their entire team and a pair of first-round picks for Davis, only for the Pelicans to ask for an even greater price. It turns out they might have received and leaked the Lakers' offers just to create unrest within the team after the Lakers were once again accused of tampering.

Upon Davis' initial trade request, the Lakers and Boston Celtics were believed to be the

two serious contenders for the All-Star. Both have a crop of young players to sweeten the pot, but the Celtics' ability to include the likes of Jayson Tatum, Jaylen Brown or Terry Rozier in a deal had many believing Boston was in the strongest position to pull off a deal.

The problem was that Davis' request came too early as the Celtics could not have traded for before the Feb. 7 deadline due to the Rose Rule, unless they traded star point guard Kyrie Irving first. Their chances for a trade this summer further plummeted when Stein reported that Davis won't sign an extension with the Celtics even if he's traded there.

Regardless of who trades for Davis, there is still a significant risk in spending too much for the possibility of him walking. While he has a

list of teams he will re-sign with, Stein added that Davis wants to hit free agency in July of 2020.

With Davis now secure in New Orleans for the rest of the season, the Knicks have time to build a solid offer for the Pelicans should they choose to go after the star.

With \$71 million in cap space, the Knicks could opt to make a couple big splashes in free agency while not having to give up any of their future assets, whether that's in the form of Kevin Durant, Kyrie Irving, Klay Thompson or Kemba Walker.

But if general manager Scott Perry and Knicks president Steve Mills decide to make Davis a priority, they might have the pieces to pull a blockbuster off.

Much of it will depend on what their first-round pick turns into.

With the worst record in the league, the Knicks are in serious contention for the No. 1 overall pick, which could turn into Duke star Zion Williamson.

The Knicks could also surround the pick with young talents like Frank Ntilikina or Kevin Knox, both of whom are projects but still show some upside given they are just 20 and 19 years old, respectively.

Mills and Perry could also offer up the two first-round picks received from the Dallas Mavericks in the Kristaps Porzingis trade to ensure New Orleans will have ample opportunities to piece together a young core. But with Davis planning to go to free agency in 2020 despite his desire to join the Knicks, it would be understandable if New York's management balked at the idea of giving up that much.



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ACROSS

- 1 Important family member
4 Sneezing, Happy or Grumpy
9 Rip-off scheme
13 Relocate
14 Mistake
15 Drifter
16 Biblical book
17 Imaginary; not factual
19 WWII president
20 Walkways
21 Relaxes
22 Criticizes harshly
24 Texter's giggle
25 Notorious Al
27 Like a forest
30 Skillful
31 Ice cream portion
33 By way of
35 Brooches
36 Piece of silverware
37 Cry
38 Senator Cruz
39 Black suit
40 Jessica or Hope
41 Loan shark

- 43 Way of doing things
44 Disabled car's need
45 ___ Rica
46 Flower stalks
49 Baseball or rugby
51 Org. for Rockets & Raptors
54 Golfers' tops
56 West or Sandler
57 Weapons
58 Thrill
59 Lunch spot
60 Trial run
61 Regal
62 Peculiar

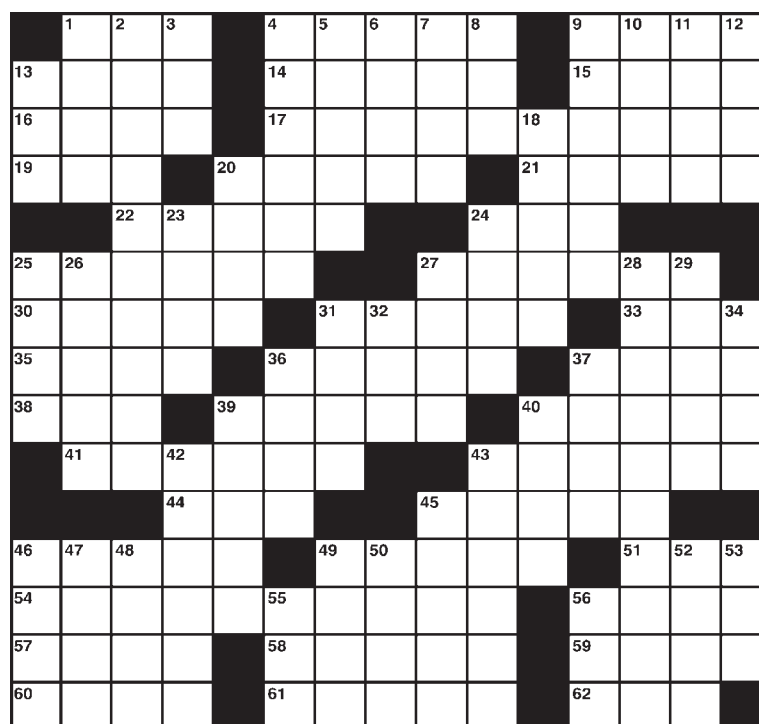
DOWN

- 1 Frame of mind
2 Blows one's budget
3 Blanc or Brooks
4 Malign
5 Judge's orders
6 Part of the foot
7 Goes bad
8 When to say "TGIF": abbr.
9 Protective plate
10 Dove sounds
11 Lie next to
12 Velvety green ground cover
13 Monogram for actor Fox

- 18 Group of Brownies
20 Breathe heavily
23 ___ off; severs
24 Crazy as a ___
25 Crunch or Kangaroo: abbr.
26 "Bye, Pierre!"
27 Courts
28 Fair; impartial
29 San ___, CA
31 ___ on; incite
32 Corn on the ___
34 Ridiculed
36 Murdered
37 60-___ light bulb
39 Grouchy
40 In case
42 Maximum
43 Tidbit
45 Terra-___; roof tile material
46 Argument
47 ___ off; left suddenly
48 Trees with grayish bark
49 Fodder storage tower
50 Minister's advice
52 Never in need of shampoo
53 Toulouse friend
55 That woman
56 Hubbub

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Bell
da Vinci
Edison
Eli

Ford
Galileo
Graham
Henry
Inventor

Leonardo
Nikola
Tesla
Thomas
Whitney

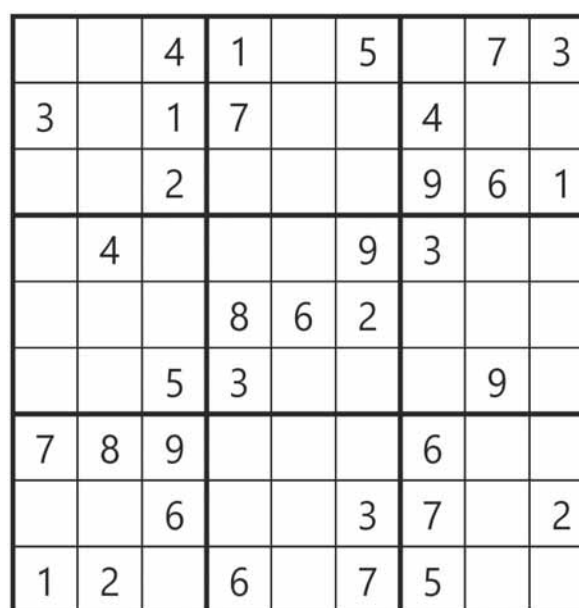
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A	D	A	M	P	O	S	T	P	A	R	T
T	I	C	B	O	O	T	S	L	A	S	S
C	L	A	S	P	I	L	L				
B	R	U	I	S	E	P	R	I	E	S	T
E	A	R	N	S	S	H	A	K	E	H	U
S	C	A	T	S	P	E	C	S	M	A	M
S	E	T	A	P	A	R	T	H	I	T	O
D	E	A	D	E	N	G	E	N	T	R	Y
B	U	D	L	U	N	G	E				
A	B	D	U	L	F	L	O	E	S	R	I
B	O	I	S	T	E	R	O	U	S	L	I
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